

LEAP II: Leadership, Exercise and Personal Growth

Biotechnology High School

Course Syllabus - Guidance Section

2014-15 | Semester 1 | 2.5 Credits

Course Description

Leadership, Exercise & Personal Growth (LEAP) is a multidisciplinary course facilitated through Guidance, Physical Education and Health designed to help students prepare for their future; focused on supporting them in making a successful transition from high school and adolescence to college, adulthood and eventual job placement.

Overview of Topics

College & Career Readiness

- Navigating all aspects of the college application process, with an emphasis on skill development and self-management.
- Preparation for the transition from high school to college life
- Exploration of career-related interests and the selection of a college major
- Professionalism: oral and written communication skills, networking, online identity
- Planning for senior mentorship

Leadership

- Collaborating with classmates in planning and facilitating Advisor Group Program.
- In-class lessons and activities focused on 21st century life and leadership skills.

IB Diploma Components

- Creativity, Action, Service
- Extended Essay
- Group 4 Project

Grading

Class Participation - 65%

- You can receive up to 10 points per day for in-class participation. You are expected to participate fully, remain engaged and contribute to class discussions or group work, as well as complete all in-class assignments.

Assignments / Assessments - 35%

- A variety of assignments related to main concepts will be assigned throughout the course. Each assignment will have its' own point value, based on the extent of effort/time involved.
- Primary Assignments/Assessments Include: (1) Credit for satisfactory progress with Creativity, Action & Service (CAS) and Extended Essay (EE) requirements. (2) Leading and facilitating Advisor Groups.

Class Materials & Assignments

- All course materials, including assignments, presentations and other information are located in a shared Google Drive Folder: "Senior LEAP Shared Student Folder."
- Students are expected to check the Class Calendar regularly
- Required supplies: 1" binder & folder